

# Cognitive Principles & Restructuring Facilitator Training

*Instructor: Rae Forseth*

Upon completion of this training, participants will be able to:

- ✓ Examine & discuss the importance of group facilitation
- ✓ Examine facilitation experiences comparing successful & problematic group experiences.
- ✓ Examine the curative factors and communication skills associated with groups.
- ✓ Teach offenders the 4 steps to self-change
- ✓ Describe and recognize criminal foundation errors utilized by offenders.
- ✓ Respond to offenders utilizing criminal foundation errors.
- ✓ Implement a cognitive restructuring program segment to address foundation errors.
- ✓ Describe and recognize criminal cycles utilized by offenders.
- ✓ Implement a cognitive restructuring program segment using criminal cycles
- ✓ Understand the purpose of a thinking error report.
- ✓ Implement the use of thinking reports with offenders
- ✓ Describe the difference between the three phases of CP&R
- ✓ Follow the Lesson Plans in the Facilitator's Manual
- ✓ Understand and be able to teach each of the assignments
- ✓ Understand how to use the forms for the program
- ✓ Understand the limits of confidentiality

**Who should attend:** Program managers, counselors, facilitators, supervisors of treatment programs, correctional staff interested in involvement in a cognitive restructuring program, Probation and Parole officers, Mental Health professionals, Chemical Dependency program staff and Pre-Release Center staff.

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| <b>Date:</b>     | <b>November 8-10, 2010 (Monday-Wednesday)</b> | <b>To register contact:</b>                                     |
| <b>Time:</b>     | <b>8:00 am to 5:00 pm</b>                     | <b>Geri Miller</b>  |
| <b>Location:</b> | <b>Helena Pre-Release Center</b>              | <b>(406) 846-1320 ext 2307</b>                                  |
|                  | <b>805 Colleen St</b>                         | <b><a href="mailto:Gerimiller@mt.gov">Gerimiller@mt.gov</a></b> |
|                  | <b>Helena, Montana</b>                        |   |
| <b>Cost:</b>     | <b>\$18.00 made payable to:</b>               | <b>Department of Corrections – Accounting</b>                   |
|                  |   | <b>PO Box 201301</b>  |
|                  |   | <b>Helena MT 59620</b>  |

*DOC staff must complete a training request form and receive approval from their supervisor(s) prior to attending this course.*

**IF ADEQUATE NUMBERS ARE NOT REGISTERED THE CLASS WILL BE CANCELLED**

Fresh perspectives allow us  
to branch off in new directions.

**This class is POST Certified**



The Department of Corrections will make reasonable accommodations for persons with disabilities who wish to participate in this training or need an alternative accessible format of this notice or related material. If you require accommodations, please contact Geri Miller, DOC Training Center, 442 Golf Course Rd, Deer Lodge, Montana, at 406-846-1320 ext 2307; fax # (406) 846-1484; or [gerimiller@mt.gov](mailto:gerimiller@mt.gov).